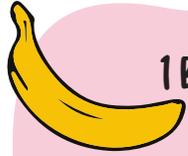


VALENTINE TREATS



1 BANANA MASHED



1/2 CUP WHOLE WHEAT FLOUR –
OR ANY FLOUR THAT IS PUP FRIENDLY



1/3 CUP PEANUT BUTTER*
(MAKE SURE IT DOES NOT CONTAIN BIRCH
SUGAR OR XYLITOL)



1/4 CUP APPLE SAUCE UNSWEETENED,
UNFLAVORED



1/4 CUP BLUEBERRIES OR STRAWBERRIES
MASHED UP



TO CELEBRATE VALENTINE'S DAY,
WE WOULD LOVE TO SEE YOUR FURRY
VALENTINE- AND POST THEM ON OUR
WEBSITE/SOCIAL MEDIA.
PLEASE EMAIL PICTURES OR DRAWINGS
TO EDUCATE@BFP.ORG AND PLEASE
INCLUDE YOUR NAME AND YOUR
FURRY FRIENDS NAME TOO!

PREHEAT YOUR OVEN TO 350°F.

- 1 MIX ALL THE INGREDIENTS TOGETHER UNTIL THE DOUGH MAKES A BALL – NOT TOO STICKY OR DRY.
- 2 PLACE THE DOUGH ON A FLAT FLOURED SURFACE AND USE A ROLLING PIN TO ROLL OUT THE DOUGH
- 3 USE A HEART COOKIE CUTTER TO CUT YOUR COOKIES OUT
- 4 TAKE ANY DOUGH SCRAPS AND MAKE A BALL AGAIN, ROLL IT OUT AND CUT MORE COOKIES
- 5 PUT ON THE COOKIES ON A BAKING TRAY – SPRAY WITH NON-STICK OR USE PARCHMENT PAPER
- 6 PLACE THE TRAY IN THE OVEN AND BAKE FOR 20 MINUTES. REMOVE THEM FROM THE OVEN AND PUT THE COOKIES ON A RACK TO COOL – ALWAYS MAKE SURE THEY ARE COOL BEFORE FEEDING TO YOUR FURRY BESTIE.