

# BACK TO SCHOOL

## BLUEBERRY, PUMPKIN APPLESAUCE AND OATMEAL CHEWS

### DIRECTIONS

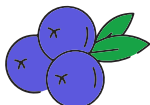


- 1 PREHEAT OVEN TO 350 AND SPRAY THE BAKING SHEET WITH THE NONSTICK SPRAY
- 2 COMBINE THE PUMPKIN PUREE AND APPLESAUCE IN THE MIXING BOWL, THEN ADD THE FLOUR AND OATS AND MIX WELL. SLOWLY ADD IN THE BLUEBERRIES AND GENTLY STIR THE MIXTURE.
- 3 ROLL OUT THE DOUGH AND USE THE COOKIE CUTTER TO MAKE THE TREATS.
- 4 BAKE FOR 20-25 MINUTES OR UNTIL THE TREATS ARE FIRM, AND PLACE ON A BAKING RACK TO COOL.



### INGREDIENTS

½ CUP FRESH BLUEBERRIES



1 CUP PURE PUMPKIN PUREE

2 CUPS WHOLE WHEAT FLOUR



½ CUP OATS

½ CUP UNSWEETENED APPLESAUCE



### UTENSILS

BAKING SHEET

MIXING BOWL & SPOON

MEASURING CUP

ROLLING PIN & COOKIE CUTTERS

