



ST. PATRICK'S DAY DOG TREATS



INGREDIENTS

- ¼ CUP OF UNSWEETENED APPLESAUCE
- ½ CUP WELL CHOPPED OR BLENDED SPINACH
- ½ A BANANA MASHED UP
- 2 CUPS OF FLOUR – OAT OR WHEAT
- 1 TABLESPOON COCONUT OIL
- ½ CUP OF WATER

UTENSILS

- MIXING BOWL AND SPOON
- MEASURING CUPS/SPOONS
- ROLLING PIN
- COOKIE CUTTER
- BAKING TRAY

DIRECTIONS:

- 1 PRE HEAT OVEN TO 350 DEGREES
- 2 MIX THE SPINACH, APPLESAUCE AND MASHED BANANA TOGETHER IN THE BOWL UNTIL WELL BLENDED
- 3 ADD THE FLOUR AND COCONUT OIL THEN SLOWLY ADD A LITTLE WATER AND MIX – ADDING MORE WATER UNTIL THE DOUGH IS A NICE CONSISTENCY
- 4 PLACE DOUGH ON A FLOURED SURFACE AND ROLL OUT UNTIL ABOUT ½ INCH THICK

